

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 7	Developing goal setting, organisation skills and self-awareness 1. What are Friendships? 2. What are Learning Skills and Teamwork? 3. How Can I Manage Dangers Online?	Developing knowledge about our democracy. 1. Political System of UK 2. Liberties, Rules and Laws 3. Voting and Elections in the UK	Developing empathy, compassion and communication. 1. Puberty and Managing Change 2. Body Satisfaction and Self-Concept 3. Identifying and Challenging Bullying	Developing agency, strategies to manage influence and decision making. 1. Diet and exercise 2. Hygiene and Dental Health 3. Sleep	Developing communication, risk management and support-seeking skills: 1. Rights in the Community 2. Relationship boundaries 3. Unwanted Contact	Developing agency and strategies to manage influence and access support. 1. Smoking and Vaping 2. FGM and Forced Marriage 3. Uses of Money
Year 8	Developing communication skills, clarifying values and strategies to manage influence. 1. Boundaries and consent 2. Sharing Nudes 3. Managing conflict	Developing agency, strategies to manage influence and decision making. 1. Drugs and Alcohol 2. Alcohol and Peer Pressure 3. Keeping Safe Online	Developing empathy, compassion and strategies to access support. 1. Puberty 2. Contraception 3. Body Image	Developing agency and strategies to manage influence and access support. 1. Importance of Physical Activity 2. Regulating Emotions 3. Mental Wellbeing	Developing empathy, compassion and communication. 1. Gender Identity 2. Sexual Orientation 3. Stereotyping - Homophobia/Bullying	Developing analytical skills and strategies to identify bias and manage influence. 1. Financial Decisions 2. Saving and Borrowing 3. Gambling, Financial Choices and Debt

Y e a r 9	Developing assertive communication, clarifying values and strategies to manage influence. 1. Consent 2. Relationship Expectations 3. Abuse and Harassment	Developing agency and strategies to manage influence and access support. 1. Relationships and Sexual Health 2. Maintaining Sexual Health (STIs) 3. Contraception 4. Unplanned pregnancy	Developing assertive communication, risk management and support seeking skills. 1. Rights in the Community 2. Relationship Boundaries - Friendships 3. Unwanted Contact	Developing agency and strategies to manage influence and access support. 1. Managing Transition to Key stage 4 2. Managing Mental Health concerns 3. Aspirations for the Future	Developing respect for beliefs, values and opinions and advocacy skills. 1. Stereotypes, Prejudice and Discrimination 2. Promoting diversity and equality 3. Fertility, Adoption and Abortion	Developing decision making, risk management and support seeking skills. 1. Cancer Awareness 2. Drugs and Alcohol (Case study) 3. Gangs and Violent Crime
Y e a r 10	Developing self-confidence, risk management and strategies to manage influence. 1. Healthy and Unhealthy Relationships 2. Abusive Relationships 3. Sex and Healthy Relationships 4. Sexual Assault and the Impact of pornography	Developing analytical skills and strategies to identify bias and manage influence. 1. Money Management, Developing resilience and self-management skills. 2. Gambling 3. Cyber Safety	Developing self-confidence, risk management and strategies to manage influence. 1. Gangs and County Lines 2. Drugs and Alcohol 3. Assertive Communication	Developing confidence, agency and support-seeking skills. 1. Making safe and Healthy Lifestyle Choices 2. Health Promotion 3. First Aid	Developing respect for diversity, risk management and support-seeking skills 1. Arranged Marriage and Forced Marriage 2. Trafficking 3. FGM	Developing confidence, agency and support-seeking skills. 1. Personal Safety Online 2. Extremism (Terrorism and Far-Right) 3. Preparing for Adult Life
Y e	Developing agency and strategies to manage	Developing assertive communication,	Developing assertive communication, clarifying	Developing empathy, compassion and	Citizenship	

a r 1 1	<p>influence and access support.</p> <ol style="list-style-type: none"> 1. Mental Health Concerns (Self-Harm and Eating Disorders) 2. Drugs and Illegal Substances 3. Alcohol Abuse 4. Sexual Assault and the Impact of pornography* 	<p>clarifying values and strategies to manage influence.</p> <ol style="list-style-type: none"> 1. Consent 2. Healthy and Unhealthy Relationships 3. Nudes and Semi Nudes 	<p>values and strategies to manage influence.</p> <ol style="list-style-type: none"> 1. Promoting Diversity 2. Stereotyping and Discrimination 3. LGBTQ 	<p>strategies to access support. Po</p> <ol style="list-style-type: none"> 1. Change, Loss and Bereavement 2. Healthy Coping Strategies 3. Pregnancy and Miscarriage 	<ol style="list-style-type: none"> 1. Role of Parliament 2. Electoral Systems 3. Religious, Ethnic Regional Identities in the UK 	
Y e a r 1 2	<p>Developing empathy, compassion and communication.</p> <ol style="list-style-type: none"> 1. Mental health and emotional wellbeing 2. Managing stress 3. Healthy coping strategies 	<p>Developing agency and strategies to manage influence and access support.</p> <ol style="list-style-type: none"> 1. Consent 2. Career Opportunities 3. Preparing for the World of Work 	<p>Developing self-confidence, risk management and strategies to manage influence.</p> <ol style="list-style-type: none"> 1. Living in a Diverse Society 2. Challenging Prejudice and Discrimination 	<p>Developing respect for beliefs, values and opinions and advocacy skills:</p> <ol style="list-style-type: none"> 1. Exploring future opportunities 2. Post-18 options 3. The Impact of Financial Decisions 	<p>Developing self-awareness, goal setting, adaptability and organisation skills.</p> <ol style="list-style-type: none"> 1. Independence and Keeping Safe 2. Travel 3. First Aid 	
Y e a r 1 3	<p>Developing self-awareness, goal setting, adaptability and organisation skills.</p> <ol style="list-style-type: none"> 1. Application Processes 2. Future opportunities 	<p>Developing agency and strategies to manage influence and access support.</p> <ol style="list-style-type: none"> 1. Future opportunities and career development 	<p>Developing confidence, agency and support-seeking skills.</p> <ol style="list-style-type: none"> 1. Managing Money 2. Debt 3. Saving and Budgeting 	<p>Developing assertive communication, clarifying values and strategies to manage influence.</p> <ol style="list-style-type: none"> 1. Assertive Communication 2. Positive Relationships 	<p>Developing self-awareness, goal setting, adaptability and organisation skills.</p> <ol style="list-style-type: none"> 1. Exploring future opportunities 2. Post-18 options 3. Saving and Debt 	

	3. Career Development	2. Maintaining a Positive Professional Identity		and Recognising Abuse 3. Dangerous Situations or Relationships		
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