

PSHE											
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
Year 7	Valuing Myself and Others 1. Working in a team. 2. Respecting differences and factors affecting different relationships. 3. Mental and emotional health.		Responsibilities and Values 1. Self-review – Who am I? 2. Qualities and behaviours 3. Values and boundaries		Amplifying Voices 1.Representations of mental health. 2. Social media and self image. 3. Social and environmental impacts of financial decisions.		Making Safe Choices 1. Presenting Self Online 2. Reducing Risk Online 3. First Aid and Personal Values		Growing and Thriving 1. FGM & Peer Influence 2. Strategies to Manage Puberty 3. Gender & Sexuality		Healthy Futures 1. Responsibility for Physical Health 2. Positive and Negative Uses of Drugs 3. Employment Pathways
	1. Boundaries and consent 2. Sharing Nudes 3. Managing conflict		Building perspectives 1. Perspectives and debate 2. Stereotyping, prejudice and discrimination 3. Building resilience, managing stress and emotions		My place in the world 1. Routes into work and further education 2. Building trust and boundaries 3. Challenging harmful social norms		1. Healthy long term relationships 2. Intimate relationships and consent 3. Risks of unprotected sex		Responding to risk 1. Risks on the internet 2. Factors associated with young people and gangs 3. FGM and cultural expectations		Making good decisions 1. Health services and the benefits of healthy diet and exercise 2. The effects of drugs and alcohol 3. Consequences of carrying a weapon (anti-knife crime)
Year 8											
Year 9	1. Consent 2. Relationship Expectations 3. Abuse and Harassment		1. Relationships and Sexual Health 2. Maintaining Sexual Health (STIs) 3. Contraception 4. Unplanned pregnancy		1. Rights in the Community 2. Relationship Boundaries - Friendships 3. Fertility, Adoption, and Abortion		1. Managing Transition to Key Stage 4 2. Managing Mental Health Concerns 3. Aspirations for the future		1. Stereotypes, Prejudice and Discrimination 2. Promoting diversity and equality 3. Fertility, Adoption and Abortion		1. Friendship Challenges, 2. Drugs and Alcohol and, 3. Gangs and Crime)
	1. Healthy and Unhealthy Relationships 2. Abusive Relationships 3. Sex and Healthy Relationships 4. Sexual Assault and the Impact of pornography (Drop Down Lesson)		Money Management, Developing resilience and self-management skills. Gambling Cyber Safety		Gangs and County Lines Drugs and Alcohol Assertive Communication		Making safe and Healthy Lifestyle Choices Health Promotion First Aid		Arranged Marriage and Forced Marriage Trafficking FGM (Drop Down Lesson)		Personal Safety Online Extremism (Terrorism and Far-Right) Preparing for Adult Life Extremism (Drop Down Lesson)
Year 10											
	1. Mental Health Concerns (Self-Harm and Eating Disorders) 2. Drugs and Illegal Substances 3. Alcohol Abuse 4. Sexual Assault and the Impact of pornography (Drop Down Lesson)		Consent Healthy and Unhealthy Relationships Nudes and Semi Nudes Pregnancy and Miscarriage (Drop Down Lesson)		Promoting Diversity Stereotyping and Discrimination LGBTQ		Change, Loss and Bereavement Healthy Coping Strategies Role of Parliament and Electoral Systems Religious, Ethnic Regional Identities in the UK		1. The role of parliament. 2. Electoral systems. 3. Religious, ethnic and regional identities in the UK.		
Year 11											
Year 12	Transitioning into Sixth Form: study skills. Relationships: unwanted, illegal and inappropriate behaviours Relationships: consent.		Managing stress Boosting your mood. Body image: sunbeds and cosmetic surgery.		Living in a Diverse Society Challenging Prejudice and Discrimination Relationships: communicating wants and needs at university and in the workplace.		Exploring Future Opportunities Post-18 options Career opportunities and preparing for the world of work.		1. Financial Terminology: tax and National Insurance 2. Budgeting and the impact of financial decisions 3. Saving for your first home: renting and buying property.		1. Independence and Keeping Safe (Driving) 2. Travel 3. First Aid
Year 13	STIs, Safe Sex at University The Dangers of Drugs, Spiking, and Excess Drinking		CV Writing Career Development Maintaining a Positive Professional Identity		Managing Money Saving and Budgeting Personal finance: tax, mortgages and overdrafts.		Assertive Communication Positive Relationships and Recognising Abuse Dangerous situations or Relationships		Exploring future opportunities. Post-18 Options and CV Writing. Budgeting and the impact of financial decisions.		